

Are You Ready for



Coaching?

"Our chief want in life is somebody
who will make us do what we can."
--Ralph Waldo Emerson

Are you ready to finally achieve the life you deserve? The following quiz will confirm whether or not you are at a place in your life to accept and utilize coaching to its fullest potential

On a scale from 1 to 10, rate each of the following statements:

(if not applicable, score the item a 5).

Score	Questions
	I am ready to create more balance in my life.
	I am ready to improve my personal or business relationships.
	I am ready to make real and positive changes in my life.
	I am ready to find and live my life's purpose.
	I am ready and willing to overcome self-limiting beliefs and behavior.
	I am ready to create plans and take action to achieve my goals.
	I am ready to achieve a sense of fulfillment at work and in my life.
	I am ready for more fun and enjoyment in my life.
	I'd like to work less and make more money.
	I can benefit from someone who will help me to stay on track.

Add your score and Interpreting your score:

Under 30

Life Coaching is not for you right now.

31 to 60

Life Coaching could help you to look at your life from a different viewpoint as well as help you develop a plan to change what it is that you would like to change. However, if you decide to work with a life coach now, you should decide and commit that you will take the necessary action for your benefit, or you will not make lasting life-changing improvements.

Over 60

Congratulations! You are ready for a Life Coach! You are willing to do whatever it takes to create the life you deserve and desire.

Please take a moment to [contact us](#) right now for a coaching session to find out what coaching can do for you.